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Introduction

This document has been developed to support Surf Life Saving NSW members with their development goals and is provided as a guide only. The information contained in this document provides suggested further learning pathways and potential Surf Life Saving positions that may be gained. These are not intended to be descriptive or compulsory pathways, yet are offered as a guide for members.

For up to date information, or to discuss your specific further learning goals, contact the relevant division of Surf Life Saving NSW or speak with your club or branch representatives.

What is nationally recognised training?

A course that leads to vocational qualifications or unit(s) of competency that are recognised across Australia. Only Registered Training Organisations that meet strict government quality standards can provide this type of training.



Denotes training is a nationally recognised unit(s) of competency or qualification.

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Overview of Lifesaving/Education Pathways

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The below table demonstrates suggested Lifesaving / Education pathways within Surf Life Saving NSW.



Surf Rescue Certificate

Award Holder

Learning Pathways

AQUATIC RESCUE AWARDS

| Course Title | Surf Survival |
|--------------------|--|
| Course Description | Provides participants with the knowledge of basic surf awareness, the surf environment and provid an introduction into rescue techniques and first aid in order to be able to safely enjoy surf activities |
| Outcome | Permission to participate in surfing as a school sport |
| Pathway | Participants can continue by undertaking the Surf Rescue Certificate |
| Pre-requisites | 12 years+ |
| Course Title | Surf Rescue Certificate |
| Course Description | Provides participants with the knowledge of basic patrolling and surf awareness in order to be ab to participate in lifesaving operations |
| Outcome | Probationary patrolling member |
| Pathway | Participants can continue by undertaking the Certificate II in Public Safety (Aquatic Rescue) / Bror Medallion |
| Pre-requisites | 13 years+ |
| Course Title | Certificate II in Public Safety (Aquatic Rescue) / Bronze Medallion |
| Course Description | Provides participants with the knowledge of basic patrolling and surf awareness in order to be a to participate in lifesaving operations |
| Outcome | Patrolling member |
| Pathway | Participants can continue by undertaking further training in any of the other core disciplines or bundertaking the Gold Medallion |
| Pre-requisites | 15 years+ |
| Course Title | Silver Medallion Aquatic Rescue |
| Course Description | Provides participants with the skills and knowledge to effectively participate in search and rescue operations |
| Outcome | Patrolling member |
| Pathway | Participants can continue by undertaking the Gold Medallion |
| Pre-requisites | • 16+ years at time of assessment |





AQUATIC RESCUE AWARDS CONTINUED

Course Title

Gold Medallion

Course Description

Provides participants with advanced skills and knowledge to manage emergency situations in autonomous situations

Outcome

Lifeguard/Advanced Patrolling Member

Pathwa

Participants can continue by undertaking further training in any of the other core disciplines

- 17 years +
- Cert II in Public Safety (Aquatic Rescue) / Bronze Medallion
- Apply First Aid
- Silver Medallion Basic Beach Management
- Silver Medallion Advanced First Aid

Learning Pathways



EMERGENCY CARE AWARDS

Course Title

Apply First Aid

Course Description

Provides participants with the skills and knowledge to manage emergency first aid situations until professional medical support is available

Outcome

First Aid Specialist Patrolling Member

Pathway

Participants can continue by undertaking further study in Spinal Management or Advanced Resuscitation Techniques Certificate

Pre-requisites

15 years+

Course Title

Advanced Resuscitation Techniques Certificate (ARTC)

Course Description

Provides participants with the skills and knowledge to use oxygen, airway management devices and automated defibrillators during resuscitation, and to administer oxygen to conscious or unconscious breathing casualties

Outcome

Advanced Resuscitation Techniques Certificate Patrolling Member

Pathway

Participants can continue by undertaking Spinal Management

Pre-requisites

- 15 years +
- HLTFA301C Apply First Aid <u>OR</u> HLTCPR201B Perform CPR <u>OR</u> HLTFA201B Provide Emergency Life Support

Course Title

Spinal Management

Course Description

Provides participants with the skills, knowledge and experience to manage injured casualties with suspected spinal injuries in an aquatic environment and in emergency situations

Outcome

Spinal Management Specialist Patrolling Member

Pathway

Participants can continue by undertaking Silver Medallion Advanced First Aid

Pre-requisites

- 16 years+
- HLTFA201B Provide Emergency Life Support **OR** HLTFA301C Apply First Aid

Course Title

Silver Medallion Advanced First Aid

Course Description

Provides participants with the skills and knowledge to apply advanced first aid responses, life support, management of casualty(s), the incident and other first aiders until the arrival of medical assistance

Outcome

Advanced First Aid Specialist Patrolling Member

Pathway

Participants can continue by undertaking further training in any of the other core disciplines

Pre-requisites

- 15 years+
- HLTFA301C Apply First Aid

BEACH MANAGEMENT AWARDS

| Course Title | Radio Operator Certificate |
|--------------------|---|
| Course Description | Provides participants with the skills and knowledge to perform basic communication practices |
| Outcome | Radio Operator |
| Pathway | Participants can continue by undertaking the VHF Marine License (external award) |
| Pre-requisites | 13 years+ |
| Course Title | Silver Medallion Radio Controller (SMRC) |
| Course Description | Provides participants with the skills and knowledge to undertake SurfCom operations |
| Outcome | SurfCom Operator |
| Pathway | Participants can continue by undertaking further training in any of the other core disciplines |
| Pre-requisites | • 17+ years • VHF Marine License (external award) |
| Course Title | Silver Medallion Basic Beach Management (SMBBM) |
| Course Description | Provides participants with the skills, knowledge and experience to manage a beach in emergency and non-emergency situations |
| Outcome | Patrol Captain |
| Pathway | Participants can continue by completing Certificate IV in Public Safety (Aquatic Search and Rescue Management) |
| | 17 years+ Cert II in Public Safety (Aquatic Rescue) / Bronze Medallion (current proficiency not required) |

Learning Pathways



POWERCRAFT AWARDS

| Course Title | All Terrain Vehicle Operator |
|--------------------|--|
| Course Description | Provides participants with the skills and knowledge to safely and effectively operate an All Terrain Vehicle for Surf Life Saving purposes. Inductions are to be conducted by clubs. |
| Outcome | ATV Operator |
| Pathway | Participants can continue by undertaking further training in any of the other core disciplines |
| Pre-requisites | 17 years Current NSW Drivers Licence (full or probationary) Hold a SLSA award |
| Course Title | Inflatable Rescue Boat Crew |
| Course Description | Provides participants with the skills and knowledge to effectively crew an Inflatable Rescue Boat in surf rescue operations |
| Outcome | IRB Crewperson |
| Pathway | Participants can continue by undertaking the SMIRB Driver |
| Pre-requisites | • 15 years+ • Cert II in Public Safety (Aquatic Rescue) / Bronze Medallion |
| Course Title | Silver Medallion Inflatable Rescue Boat Driver (SMIRB Driver) |
| Course Description | Provides participants with the skills and knowledge to effectively drive an Inflatable Rescue Boat is surf rescue operations |
| Outcome | IRB Driver |
| Pathway | Participants can continue by undertaking further training in any of the other core disciplines |
| Pre-requisites | 17 years+ Cert II in Public Safety (Aquatic Rescue) / Bronze Medallion IRB Crew |
| Course Title | Rescue Water Craft Operator |
| Course Description | Provides participants with the skills and knowledge to effectively drive and manage a Rescue Water Craft in surf rescue operations |
| Outcome | RWC Operator |
| Pathway | Participants can continue by undertaking further training in any of the other core disciplines |
| Pre-requisites | 18 years+ Advanced Resuscitation Techniques Certificate Cert II in Public Safety (Aquatic Rescue) / Bronze Medallion Apply First Aid Silver Medallion Basic Beach Management |

- Silver Medallion Basic Beach Management
- Current NSW Drivers Licence with tow capacity

POWERCRAFT AWARDS CONTINUED

| Course Title | Offshore Rescue Boat Crew |
|--------------------|---|
| Course Description | Provides participants with the skills and knowledge to crew an Offshore Rescue Boat in surf rescue operations |
| Outcome | ORB Crewperson |
| Pathway | Participants can continue by undertaking the Offshore Rescue Boat Driver |
| Pre-requisites | 16 years+ Cert II in Public Safety (Aquatic Rescue) / Bronze Medallion Advanced Resuscitation Techniques Certificate |
| Course Title | Offshore Rescue Boat Driver |
| Course Description | Provides participants with the skills and knowledge to drive an Offshore Rescue Boat in surf rescue operations |
| Outcome | ORB Driver |
| Pathway | Participants can continue by undertaking the Offshore Rescue Boat Skipper |
| Pre-requisites | • 18 years+ • Current NSW Driver's Licence • Offshore Rescue Boat Crew |
| Course Title | Offshore Rescue Boat Skipper |
| Course Description | Provides participants with the skills and knowledge to skipper an Offshore Rescue Boat in surf rescue operations and deliver training to crew and driver |
| Outcome | ORB Skipper |
| Pathway | Participants can continue by undertaking further training in any of the other core disciplines |
| Pre-requisites | 18 years+ Cert II in Public Safety (Aquatic Rescue) / Bronze Medallion OR Apply First Aid Offshore Rescue Boat Driver, Training Officer Certificate & VHF Marine Licence (external award) State Recognised Coastal Navigation Course (external award) |
| Course Title | Jet Rescue Boat Crew |
| Course Description | Provides participants with the skills and knowledge to crew a Jet Rescue Boat in surf rescue operations |
| Outcome | JRB Crewperson |
| Pathway | Participants can continue by undertaking the Jet Rescue Boat Driver |
| Pre-requisites | 16 years+ Cert II in Public Safety (Aquatic Rescue) / Bronze Medallion Advanced Resuscitation Techniques Certificate |

• Minimum two years as a patrolling member

Learning Pathways

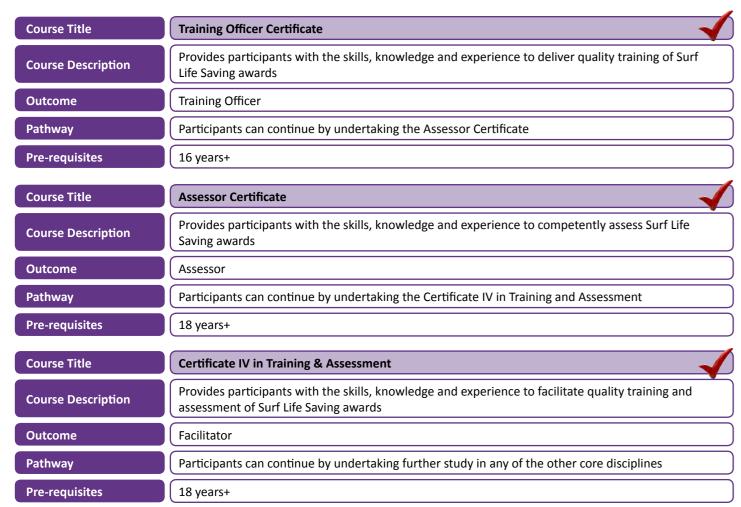


POWERCRAFT AWARDS CONTINUED

| Course Title | Jet Rescue Boat Driver |
|--------------------|--|
| Course Description | Provides participants with the skills and knowledge to drive a Jet Rescue Boat in surf rescue operations |
| Outcome | JRB Driver |
| Pathway | Participants can continue by undertaking further training in any of the other core disciplines |
| Pre-requisites | 18 years JRB Crew Certificate Minimum three years as a patrolling member |
| Course Title | Helicopter Crew (external award) |
| Course Description | Provides participants with the skills and knowledge to crew a helicopter in rescue operations |
| Outcome | Helicopter Crewperson |
| Pathway | Participants can continue by undertaking further training in other support services |
| Pre-requisites | External helicopter training course |

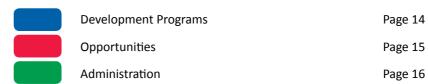
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TRAINING AND EDUCATION

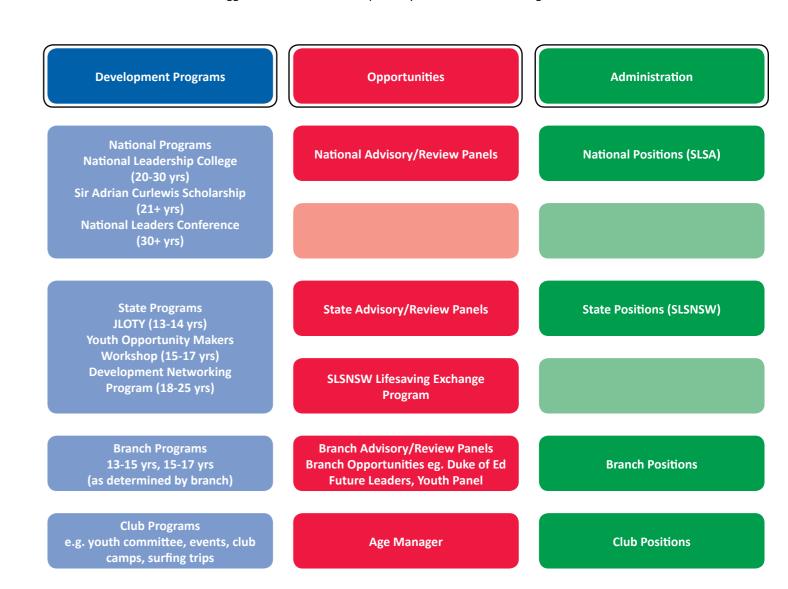


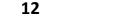
NOTE: Trainers, Assessors and Facilitators are required to hold the award they wish to deliver and complete an endorsement process in order to deliver Surf Life Saving awards. This process includes participation in the mentoring program. Consult the SLSNSW website for full details or contact your Chief Training Officer, Branch Education Officer or the Academy.

Overview of Member Services Pathways



The table below demonstrates suggested Member Services pathways within Surf Life Saving NSW.





Member Services Pathways



DEVELOPMENT PROGRAMS

CLUB / BRANCH PROGRAMS

Club Programs

Each club will have different membership needs and therefore offer different activities for their members. There are a range of possible activities that could be on offer including involvement on a youth or social committee, patrol exchange programs and club sleepovers or social surf life saving activities. Contact your club to see what is on offer at your club — or better yet — start something new and fun.

Branch Programs

Branches throughout the state may also offer additional program and engagement opportunities. These could include social events such as movie nights or surfing trips, or programmed activities such as inter-club visits or a series of forums throughout the season. Contact your branch to find out what is available in your area.

Branch 13-14
Development Program

The aim of 13-14 years Branch Development Program is to provide opportunities in the club and branch for younger members. Occasions to network, build confidence and self esteem in a supportive and safe setting are important to their development and participation in surf lifesaving. Information is available from your branch.

STATE PROGRAMS

Junior Lifesaver of the Year

This Development Camp brings together the branch winners of the Junior Lifesaver of the Year award. The focus of this camp is a combination of fun and learning through experience. Participants will be involved in physical challenges, information sharing in presentations and discussions, activities and scenarios which require leadership, teamwork and communication.

Youth Opportunity Makers Workshop

The workshop is geared toward creating greater awareness of opportunities and individual abilities in 15-17 year old members. Clubs and branches are encouraged to use this workshop as a method of recognising members who have the potential to develop skills further by working with like-minded youth.

18-25 Development
Networking Program

The program is aimed at members aged between 18 and 25 years who have leadership qualities that can be developed to enhance their future both within and external to Surf Life Saving. The focus on this program is networking, social engagement and specific skill development such as communication, media and conflict resolution.

Member Services Pathways



OPPORTUNITIES

Age Manager

An Age Manager plays a fundamental role in the delivery of a learning program encouraging and developing young surf lifesavers. Age Managers ensure they provide and maintain the safety, well being and development of junior surf lifesavers. Members must be a minimum of 16 years and a financial member of a Surf Life Saving Club to become an Age Manager.

Club / Branch Opportunities

Clubs and branches offer members a range of activities to become involved in – these may include social events, advisory panels such as lifesaving, support operations or youth panels, Duke of Edinburgh program and many more. Contact your club or branch to find out more.

Branch Advisory / Review Panels

Branches often have review panels that are put in place to focus and target a specific issue or project of importance. Nominations can be called for through newsletters, website, circulars and interested members are encouraged to apply. Examples include training manual reviews, surf sports adviser, radio network advisory panel and constitution committee.

SLSNSW Patrol Exchange Program

The program is aimed at new Patrol Captains between the ages of 18-30 years to challenge their skills by participating in surf lifesaving activities in a new environment with an overall objective of identifying initiatives that can then be implemented in their own clubs. Information is sent via circular from SLSNSW and available on the SLSNSW website.

State Advisory / Review Panels

SLSNSW has a range of adviser positions including Lifesaving Adviser, Education Adviser, Surf Sports Adviser, Member Services Adviser and other Adviser positions that the Board may consider necessary from time to time. Review Panels are appointed when a specific issue or project of importance arises.

National Officers / Review Panels

SLSA may create, establish or appoint special committees, sub-committees, boards or individual officers and consultants to carry out specific duties and functions. These can include (but are not limited to) communications, medical, powercraft, history, coaching, officiating and youth.

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Member Services Pathways



ADMINISTRATION

ADMINISTRATION PATHWAYS

National Positions

The SLSA Board is the peak policy and decision body for Surf Life Saving in Australia. The Board is made up of the President of SLSA, the seven Presidents of each State and the Northern Territory and the Directors of the organisation's three operational areas - Lifesaving, Surf Sports and Development. SLSA has three standing committees that represent the operational areas of the movement.

State Positions

SLSNSW is governed by the Board of Directors, who have the responsibility of overseeing Surf Life Saving NSW's strategic direction and priorities as the leading water safety and aquatic rescue organisation. The Board is made up of the President, Deputy President, Director of Finance, Director of Lifesaving, Director of Education, Director of Surf Sports and Director of Member Services. The Board as the state authority for surf lifesaving in NSW is responsible for acting on state issues and operates for the benefit of the members and the community throughout NSW.

Club and Branch Positions

Clubs and branches have a variety of positions available to members, and these are often advertised on club noticeboards, websites and by word of mouth. Members wishing to get involved with their club or branch should check these avenues regularly to enable them to find the most suitable position.

Overview of Surf Sports Pathways

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Representative Teams Page 19
Development Page 20
Coach and Official Education Page 21

The below table demonstrates suggested Surf Sports pathways within Surf Life Saving NSW.



Swim, Board, Ski, Beach, Boats, Lifesaving, March Past, IRB, Pool Rescue

U15 – U19, Opens Masters

U8 - U14 Junior Activities Program

Surf Sports Pathways



EVENTS

Club Surf Sports
Activities and Events

The possibilities for club surf sports events and activities are endless. Clubs can hold events such as Sunday morning swims, inter-patrol touch football competitions to public ocean swims and fun-runs which may double as club fundraising activities for members. Clubs will often support the social aspect of the club to encourage participation and fun for club members.

Branch Surf Sports Events

All branches in NSW hold a Branch Championship Carnival which is usually held in the weeks prior to the SLSNSW State Championships. Branches may also have additional events available to members within their branch which can be found on the Surf Sports calendar.

NSW Surf Sports Events

SLSNSW hosts numerous surf sports events throughout the year including IRB Racing, long distance events, board riding, Interbranch and Country Championships along with the traditional Junior, Open and Masters State Championships. The majority of these events do not require members to qualify through from club or branch levels so come along and get involved!

National Surf Sports Events

Surf Life Saving Australia play host to one of the biggest sporting events in the country, the Australian Surf Life Saving Championships which attracts more than 8,000 lifesavers from around the country. Other National surf sports events include the Nutri-Grain Iron Man Series, Interstate Championships, National IRB and Pool Rescue Championships and the iconic Coolangatta Gold.

International Surf Sports Events

The World Life Saving Championships are held every two years in various locations around the world. The event is known as the 'rescue series' and comprises of the following competitions: National Teams World Championships, Interclub Teams World Championships and Masters World Championships. Optional Boat and IRB World Championships can also be held at this event.

Surf Sports Pathways



REPRESENTATIVE TEAMS

Club Team

Competitors of all ages have the opportunity to compete for their club at carnivals and events individually and as part of team events throughout the competition season. Clubs may also conduct surf sports carnivals with traditional and non-traditional events within their club to encourage participation and enjoyment.

Branch Representative Team

Each year the 11 branches select their strongest U12 to Open competitors from clubs within their branch to compete at the NSW Interbranch Championships. This event is a very prestigious carnival for all athletes involved as they fight for the Interbranch title and individual state team selection.

NSW Country Representative Team The SLSNSW Country Representative Team compete biannually in the Trans Tasman Tri Series against the Central Coast Branch and the SLSNZ Northern Region Representative team. All country branch competitors from U/17 to Opens can nominate for water and beach positions. The venue rotates between the Central Coast, Country NSW and Northern Region New Zealand.

NSW U/21 Development Team

The SLSNSW U/21 Development Team is an opportunity for young athletes to represent their state in an elite international competition. Athletes from U/19 and U/21 age groups are invited to apply for this opportunity, with 18 places available.

NSW IRB Interstate Team

The NSW IRB Interstate team gives 18 of NSW's best male and female IRB Drivers and Crewman the opportunity to compete for the title as Australian IRB Intestate Champions.

NSW Representative

The SLSNSW State team consists of 36 athletes including U15, U17, U19 and Open competitors. The team competes in a two day competition against each of the States strongest competitors in pool rescue, beach and water events.

National Representative Team The SLSA National Representative Team and U/21 National Development team compete in numerous international surf and pool rescue events each year. Every two years the National Representative team defend their world number one ranking at the World Lifesaving Championships which is the pinnacle event in international lifesaving competition.

Surf Sports Pathways



Coach/ Official Development

Both Coaching and Official development pathways are offered alongside majority of the athlete development programs at various levels of the organisation. Specific coaching and official development forums are offered on a regular basis.

Regional Development Clinics

The aim of the Regional Development Clinics is to assist athletes and coaches in regional areas to reach their full potential by exposing them to some of the leading coaches in NSW and Australia. The clinics provide regional athletes of all levels with an opportunity to improve technique and race skills across all disciplines in water and beach events and pool development.

Country Athlete Exchange Program

The Country Athlete Exchange program aims to deliver excellent development opportunities for twelve country athletes and two coaches by allowing them to step outside their normal surf club environment. As part of this program the selected group of country athletes will train with a city club squad, compete in a metropolitan competition and patrol at a city beach.

IRB Development Squad

The purpose of this squad is to assist NSW IRB athletes, team managers and coaches in claiming the prestigious IRB Interstate Championships as well as providing a pathway into representative teams and squads.

Branch Emerging Athlete Program

Some Branches in NSW have Emerging Athlete Programs as part of their athlete development structure. Programs vary in age groups, but are all aimed at providing emerging athletes with the opportunity to further their career by exposure to the elite coaches from their branch.

NSW Talented Athlete Program

The NSW Talented Athlete Program comprises promising athletes from U13-U15 age groups coming from each branch in NSW. Participants take part in a three day training camp aimed at developing skills and enhancing knowledge of performance enhancing theory.

NSW HP Squad

The NSW High Performance Squad comprises approximately 46 of the most talented and promising athletes from U15's to Opens. Squad members participate in a performance enhancing camp during the season, and are highly considered for State Team selection

National HP Squad

The National High Performance squad comprises 36 of the country's elite surf sports competitors across all disciplines in both surf and pool rescue. This team is split into three groups with group three being the top end and group one being the entry level to the National HP squad. The NHP squad is essentially the train on squad for the SLSA Representative teams and future representative teams.

Surf Sports Pathways



COACH AND OFFICIAL EDUCATION

Junior Coach

The Junior Coaching course is a basic introduction to coaching at junior level (Under 14). Members must be a minimum of 16 years of age to be eligible to complete this award.

Junior Official

The Junior Officiating course is a basic introduction to officiating at junior level (Under 14) competitions. General principles for the course include the role of a Surf Sports Official, Risk Management, Preparing to Officiate and Attending a Carnival.

Members must be a minimum of 16 years of age to be eligible to complete this award.

Level 1 Coach

The Level 1 Coaching Course provides members with an understanding of best practice coaching principles specific for surf sports events and is relevant to all club coaches who are coaching athletes 13 years and over in all disciplines.

Members must be a minimum of 16 years of age to be eligible to complete this award.

Level 1 Official

The Level 1 Officials Course provides members with the necessary skills and knowledge to officiate at Surf Sports events in various positions.

Members must be a minimum of 16 years of age to be eligible to complete this award.

Level 2 Coach

The Level 2 Coaching Course is aimed at further improving the performance of club head coaches, and state representative coaches. The course content focuses on educating coaches in developing plans for the season.

Members must be a current Level 1 Coach for a minimum of 12 months to be eligible to complete this award.

Level 2 Officia

The course aim is to provide an intermediate training program for experienced surf life saving officials and enable them to further their career path in senior surf sports officiating positions.

Members must be a current Level 1 Official for a minimum of 12 months and be nominated by their branch to be eligible for this award.

Level 3 Coach

The course aim is to provide the participants with the knowledge and skills to improve and enhance technique for elite level athletes.

Members must be a current Level 2 Coach, be coaching elite athletes, and be selected by Surf Life Saving Australia to be eligible to complete this award.

Level 3 Official

An advanced training program for Surf Sports Officials acting predominantly in the role as a carnival, area or sectional referee at major surf lifesaving events.

Members must be a current Level 2 Official and be selected by Surf Life Saving Australia to be eligible to complete this award .



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