

BE THE BEST, ENJOY IT THE MOST

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Welcome to the sixth year of our NKSRA Aussies Newsletter where we look to provide you with a blend of important information, what's on today as well as a retrospective on what's happened so far.

Aussies 2021

It sure has been a crazy 12 months. The attitude and commitment you have shown through a long period of uncertainty has been inspirational. It's taken significant courage to keep training and stay committed to your teammates and the program – THANK YOU. You'll enjoy the rewards of your sacrifices over the next week.

Set big goals and dream BIG – we know from experience that - **anything is possible** – please don't limit your thoughts on what's possible this week.

We certainly have great memories from our Aussies here in 2016. We arrived that year with plenty of confidence, like this year we had a great squad of talented and committed athletes. We managed to set history as the only club to ever win both open Taplin relays and the Lifesaver relay – we also finished top 3 in the club points core. It definitely feels great to be back at this beach.

Together this week you will make your own history. You'll create moments and memories that will stay with you for the rest of your lives. There will be incredible periods of euphoria, the possibility of some disappointment and definitely plenty of laughs along the journey. Support one another, enjoy the highs and help each other when things don't go to plan. We are a great team, build momentum together and enjoy the journey. BE THE BEST, ENJOY IT THE MOST.

The hard work has been done, enjoy this week as a team.

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For My Team mates

- **Attitude** is everything – think **positive**, be **positive**
- **Inspire** each other with your **passion** and **effort**
- **Celebrate** the great moments together, **support** each other thru the challenges
- **Respect** for each other, respect the other teams and the officials
- **Never** quit, always **fight** to the **end**
- On and off the beach make your teammates **proud** of your **behaviour**
- **Stay** in the moment, be present, what should I be doing at this every moment to improve my race or performance

Focus on executing your plan... the results will take care of themselves

NO LIMITS – ABSOLUTELY ANYTHING IS POSSIBLE

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Open medal **WINNERS** & point scorers to date



Open Champion Lifesaver Jemma Smith



U17 Patrol Competition Travis Cox/Sam Capell/Kai Raffles/Emma Carrol



U17 2KM Ocean Swim Kimberley Doyle
Open 2KM Ocean Swim Emily Doyle
U19 Champion Lifesaver James Simmonds

TOP 6 FINISHERS

4th

Open Champion Lifesaver Phoebe Savage

5th

U19 2KM Ocean Swim Logan Kaye

Open 2KM Ocean Swim Jami Prowse

Open Patrol Competition Phoebe Savage/Bec Capell/Brendan Capell/Guyren Smith/
Jeremy Paul/Chloe Van Dam

6th

U17 Champion Lifesaver Kai Raffles

2021 Aussies

Place: 2nd
Points: 19



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Youth medal **WINNERS** & point scorers



U15 Surf Race

Conner Maggs

U15 Board Rescue

Conner Maggs/Josh Kerr

U15 Board Relay

Conner Maggs/Josh Kerr/Lex Raffles

U15 Cameron Relay

Conner Maggs/Anthony Doyle/Josh Kerr/Lex Raffles

U15 2KM Ocean Swim

Conner Maggs



U15 Ironman

Conner Maggs

U15 Swim Team

Conner Maggs/Anthony Doyle/Josh Kerr/Lex Raffles

TOP 6 FINISHERS

5th

U15 Board Race

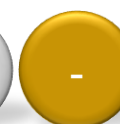
Josh Kerr

6th

U15 Surf Race

Josh Kerr

2021 Youth



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Area Managers

If you need help ...

Carnival Manager:	Darren Warrener
Water	
Open Male:	Glen Borg
Open Female:	Amy Somes/Kerry Armstrong
U19s Male:	Richard Smith
U19s Female:	Amy Somes/Kerry Armstrong
U17s Male:	Aaron Morris
U17s Female:	Rosie Burton
Beach:	Marty Lynch
Boats:	Alex Brown, Michael King

Don't forget our team dinner:

24th April 2019 @ 7pm
Fratelli Fresh
Sunshine Plaza
154-164 Horton Parade
Maroochydore