

## COVID-19 Safety Plan - Lifesaving

Surf Life Saving Club details	
<b>Surf Life Saving Club:</b>	Newport SLSC
<b>Plan completed by:</b>	Jessica Menzies – Club Captain
<b>Plan approved by:</b>	Glen Borg (President)/John Greenhill (COVID-19 Safety Officer)
<b>Plan effective:</b>	15/09/2021

Please refer to Newport Surf Life Saving Clubs 'Club COVID-19 Safety Plan' for more details on Club guidelines.

### Specific risks related to Lifesaving

Requirements for your SLSC and the actions you will put in place to keep your SLS members, staff and other people safe.

Risks	Actions
<b>Lifesaving</b>	
<b>Contact with Patients and members of the public during rescues</b>	<ul style="list-style-type: none"> <li>• When possible encourage patient to self-treat first aid incidents such as minor bleeding with assistance and guidance from patrolling members</li> <li>• If patient unable to self-treat, patrol members should wear appropriate PPE and ensure hand hygiene before and after treating patients.</li> <li>• When able and treating non time critical first aid incidents use 'screening' questions to ensure safety: <ul style="list-style-type: none"> <li>○ Do you have any respiratory symptoms – cough, shortness of breath, fevers?</li> <li>○ Have you been to any known hot spots?</li> <li>○ Have you been in contact with a confirmed COVID-19 case?</li> </ul> </li> <li>• Follow SLSNSW provided resuscitation guidelines for suspected COVID-19 resuscitation patients (poster provided in first aid room)</li> <li>• Use a bag-valve-mask (BVM) where possible as safer alternative</li> <li>• Resuscitation masks with a one way valve may still be used following individual risk assessment or a lifesaver may perform compression only CPR.</li> <li>• Maintain a safe distance while checking breathing</li> </ul>
<b>Regularly clean rescue-ready equipment and contact points of rescue equipment used during rescues</b>	<ul style="list-style-type: none"> <li>• Wash/sanitise hands prior to checking equipment and wipe down high touch contact points after use</li> <li>• Wipe down boards and rescue tubes after every use with provided anti-bacterial wipes</li> </ul>
<b>Use of Radios</b>	<ul style="list-style-type: none"> <li>• Make sure radios are in bags where possible and wipe down after each use.</li> <li>• Assign radios to patrol members at the start of each patrol and wipe down after use</li> </ul>

Risks	Actions
<b>Oxygen Equipment</b>	<ul style="list-style-type: none"> <li>• Clean non-disposable parts of the unit thoroughly after use with provided antibacterial wipes</li> <li>• Use singles-use only equipment when possible and dispose of appropriately.</li> </ul>
<b>First Aid equipment</b>	<ul style="list-style-type: none"> <li>• Wear Gloves when handling any first aid equipment</li> <li>• Do not use first aid equipment that is clearly damaged or used where possible</li> </ul>
<b>SSV Use</b>	<ul style="list-style-type: none"> <li>• To maintain social distancing requirements, only 2 patrol members should be in the vehicle at a time.</li> <li>• If transporting a patient only 1 patrol member with the patient where possible</li> </ul>
<b>IRB Use</b>	<ul style="list-style-type: none"> <li>• Wash Lifejackets after use or between people</li> <li>• Use detergent and water to wash IRB between uses or at the end of the patrol day. Avoid using antibacterial wipes due to damage of the equipment.</li> <li>• Bucket of detergent and water to remain in IRB area to ensure appropriate cleaning of equipment</li> </ul>
<b>Patrol tent</b>	<ul style="list-style-type: none"> <li>• Social distancing will be maintained whilst on patrol</li> <li>• Members must ensure that there is 1.5m between people whilst under the tent</li> <li>• Use of outpost patrols can be considered if there are a larger number of members on patrol who cannot appropriately social distance under the tent</li> <li>•</li> </ul>
<b>Contact Tracing</b>	<ul style="list-style-type: none"> <li>• Patrol members will sign in with the Patrol Captain via the Patrol Ops App. This will be used as a record for contact tracing and can be printed out as required.</li> <li>• All information will be stored securely via our Surfguard database.</li> </ul>
<b>Changeover of patrols</b>	<ul style="list-style-type: none"> <li>• Where possible the morning patrol should store all their bags on the northern side of the tent</li> <li>• When the afternoon patrols arrive they should enter from the southern side of the tent and place their belongings on that side until the morning patrol has left</li> <li>• The morning patrol should exit the tent on the northern side so there is no crossover between patrols.</li> <li>• There should be appropriate social distancing during change over</li> <li>• Please wipe down radios and shared equipment prior to handing over to the afternoon patrol.</li> </ul>